

Beauty Q&A

Every month, we answer a bunch of your burning beauty questions.



A hat will protect your head and face from the sun.



Counteract rings around your eyes with extra sunblock.

Q My sunglasses give me a weird tan line, even when I wear SPF. Why is that?

A It may be that the UV filter in your shades is stronger than your sunscreen is, explains NYC dermatologist Neil Sadick. So apply a higher SPF than you are now using to your entire face, especially the area that is not covered by your sunglasses, he advises.

Q Is it true that wearing heels can cause ingrown toenails? If so, how can I prevent them?

A Heels can cause your feet to slip forward in shoes, jamming your toenails into the corners of your flesh, says NYC podiatrist Lori S. Weisenfeld. But if you trim the nails straight across, in line with the tips of your toes, and round off sharp corners with a file, you'll avoid any pinching.

Keep toenails short and neat to avoid painful ingrown edges.

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Have a question for Cosmo's priming pros? Ask it here!

Q My guy thinks it's so unfair that I can cover up my zits with concealer. Do they make one for guys?

A Yep—there are a lot of dude-friendly options now. Ease his mind by explaining that many concealers hide blemishes and shaving nicks but are sheer, so it won't look like he's wearing makeup. The masculine packaging of this Clinique stick also ensures his friends won't tease him about it.

Clinique Skin Supplies for Men M Cover, \$13.50



Q How can I avoid a sunburn on my scalp when I hit the beach?

A Massage a dime-size amount of nongreasy sunblock onto damp locks, and let dry. Rubbing gets the SPF directly onto your scalp, where it will absorb easily, says Harold Lancer, a dermatologist in Beverly Hills, California. You also can look for a styling spray with SPF (try Fekkai Summer Hair Sunshine Shield Spray, \$22) or pull on a wide-brimmed straw hat—it's sexy and smart!

Q How do I make nude lipstick look sexy on me?

A Pick a color that works with your skin tone so you won't look washed out, advises makeup artist Mylah Morales, who created this look on Rihanna. "Stay within two shades of your natural skin tone," says Morales. "Girls with fair complexions should look for pinker nudes, while those with darker skin should go for a beige undertone. A pop of pink or peach blush plus bronzer keeps the face vibrant."

Rihanna's nude lips are low-key yet totally sultry.



(Top to bottom, from left) PETER BUCKINGHAM, JEFFREY WESTBROOK, STUDIO D, CHRIS ECHERT, STUDIO D, DAVID LAWRENCE, Stephen Lovelace/Getty Images for IMG.